July 22, 2010

U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

Vol. 43, Issue 29

What's Inside

Garrison news pages 2, 3, 4

Speak Out: What book are you reading this summer?

Community invited to **Gallant memorial service**

Avoid being crime statistic during travel

GFEBS Update

USAG Livorno page 5

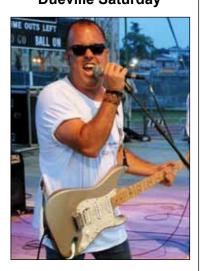
Volterra takes visitors back in time with medieval fest



Community events pages 6 & 7

AAFES Movie Schedule

OUT & ABOUT: A local listing of concerts. festivals and events. Highlights include local American band playing in **Dueville Saturday**



Sports page 8

Vicenza Lions dominate Pollice Verde 3-1

AFN to air premium cable series

Armed Forces Network

Three hours of the most critically acclaimed, talked about and watched premium cable TV programming will air Saturdays and Sundays beginning at 10 p.m. as AFN|spectrum LateNight kicks off Aug. 7.

Saturdays will highlight drama at its finest, including True Blood, Treme and Big Love. Sunday's focus will be on mature comedies like Curb Your Enthusiasm, Eastbound and Down and Hung.

The really big deal is that all of this programming, rated TVMA (for mature audiences), will air just as it does in the USA: uncut, unedited and uncensored.

"We are glad that we can bring this programming to our viewers," said Staff Sgt. James Allen, AFN Vicenza's station manager. "The decision to bring TVMA programming into the regular lineup came after several successful trial runs of similar shows, such as The Pacific and Men of a Certain Age."

According to Jeff White, executive director of the AFN Broadcast Center, AFN|spectrum LateNight marks a milestone for the network.

"By breaking with a long tradition of offering nothing rated over TV-14, the launch of AFN|spectrum LateNight gives us the opportunity to offer mature AFN viewers access to many of the same premium cable TV series seen stateside," said White.

White emphasized that AFN|spectrum's LateNight weekend line up isn't designed for kids.

"Because these programs are edgier and feature adult-oriented themes, they'll air in time slots when the younger set should be in bed," said White.

SHOWS INCLUDE:

- 1. TRUE BLOOD
- 2. TREME
- 3. BIG LOVE
- 4. CURB YOUR **ENTHUSIASM**
- 5. EASTBOUND AND DOWN
- 6. HUNG
- 7. ENTOURAGE

COMING:

1. NURSE JACKIE 2. DEXTER

See AFN BROADENS LINEUP Page 4

Photo by Pfc. Michael Sword

Staff Sgt. Jeremy Pine of 1st Squadron, 91st Cavalry Regiment, 173rd ABCT, and an Afghan National Army soldier talk with children of the Yargul village earlier this year.

Not your typical war:

LOGAR PROVINCE, Afghanistan (July 7, 2010) - For troops deployed in Afghanistan, leveraging knowledge and being able to successfully fight an insurgency war depends on understanding the culture and the operating environment, then taking that experience and training up all elements of the forces, down to

the platoon and squad level. Two combat veterans who recently visited Task Force Bayonet have some ideas as to how to make the most of counterinsurgency efforts and the knowledge transfer issues that hinge on mastering relationships—both within ISAF, the villages, districts and provinces that coalition forces partner with.

For the full story, visit the **USAG** Vicenza homepage.

Correct DEERS information vital for Army

ERMC press release

To assure beneficiaries receive information and educational material about the TRICARE Overseas Program managedcare contract changeover in September, sponsors are advised to confirm or update their DEERS enrollment and address.

beneficiaries

Military health clinics and other authorized organizations access the DEERS (Defense Eligibility Enrollment System) database to verify benefit eligibility of military sponsors, family members and other beneficiaries. They also use addresses entered in DEERS to mail information and educational material to beneficiaries.

The TRICARE Management Activity has selected International SOS, Inc., as the TRICARE Overseas Program contractor beginning Sept. 1. Information

See UPDATE INFO Page 4

Work out while you watch the kids at fitness center

Story and photo by PEGGY J. SCHADLER

Chief, Family and MWR Marketing

Hoping to work out, but don't have child

Problem solved, thanks to a new addition to USAG Vicenza's Family and MWR fitness center.

The fitness center now offers a family fitness room with adjoining glass-enclosed playroom, allowing parents to keep an eye on their children while working out.

The family fitness room offers cardio equipment, hand weights, stretching mats, fitness steps and balls, elliptical machines, treadmills and a recumbent bike.

"About 40-50 people per day, on average, use the family room" said facility manager Scott Gordon. "We recently moved in another treadmill because the room is so popular with our moms during this deployment cycle."

The playroom is equipped with TV, DVD player and small tables and chairs, and parents can bring their own toys and DVDs for the children.

Another family-friendly program for parents with small children is the track stroller fitness class. The first nine-week session took place in the spring, wrapping up just before the summer heat wave hit the Vicenza area.

Eight to 12 moms brought their babies to the track in strollers and fitness center

See POST GYM Page 3

Parents can work out, facing the glassenclosed playroom adjoined to the new family fitness room.



Community mourns passing of mentor, friend

USAG Vicenza Military Intelligence Detachment

Alfred H. Gallant, the operations officer for the Vicenza Military Intelligence Detachment, passed away July 19 around 11:30 p.m. at his home in Vicenza, after an 18-month battle with cancer.

He is survived by his wife Isabella and three sisters, Joan, Ida and Cecile.

Gallant was born in Lynn, Mass. March 20, 1957. He served in the U.S. Army from October 1976 until June 1997, at which time he retired after 21 years of active duty service.

In 1998, he began his career as a military intelligence civilian excepted career program employee and served for 12 years in the Vicenza Military Intelligence Detachment, 2nd MI Battalion, 66th MI Brigade, until his death.

member of VMID where he served as a friend and mentor to all members of the detachment over the past several years," said Capt. Melissa Haupt, VMID commander. "He will be deeply missed by all."

Cards and letters of support may be Warrior Project.

sent to:

Isabella Gallant CMR 427 Box 2679 **APO AE 09630**

A funeral mass will be held at the church near the Gallants' home Saturday at 10 a.m. The church address is: Via Longhella 3, Poianella (Bressanvido), Vicenza. Parking is limited. Those who wish to attend the mass should allow extra time and car pool, if possible.

A memorial service will be held at Caserma Ederle's post chapel Monday at 11:30 a.m.

In lieu of flowers, VMID has established a donation fund on behalf of Al Gallant with the DoD Community Bank:

Roy D. Christensen Jr. **Alfred H. Gallant Donation Fund** Account #3700020141

Check deposits can be mailed to: "Gallant was an extremely valued Bank of America Military Bank OV Div **ATTN: Bank By Mail** 300 Convent St. Suite 400 San Antonio, TX 78205-3701

Donations can be made at any DoD Community Bank in Europe or the Pacific.



The funds will be routed to the Wounded Alfred H. Gallant, operations officer for the VMID, passed away July 19. Community members are invited to a funeral mass Saturday and memorial ceremony Monday.

Use caution while traveling crime doesn't take vacations

By ROBERT SZOSTEK

USAREUR Office of the Provost Marshal

Crime doesn't take vacations.

That's why U.S. Army Europe crime prevention experts say you can never be too careful, prepared or aware.

Members of the U.S. forces community in Europe should be particularly cautious when they travel, the experts say.

"It's important to remember that tourists make tempting targets for thieves," said Lt. Col. Shawn J. Kelley, chief of law enforcement at the USAREUR Office of the Provost

Travelers who are lost or distracted. weighed down with bags, and carrying money and other valuables in obvious places make great targets for thieves.

The best advice is to blend in with the crowd and look like the locals, OPM officials say. Don't let your dress, talk or mannerisms identify you as American or a member of the military.

Carry inconspicuous baggage, not military bags or luggage with unit logos. Don't take uniform items or clothes with military designs with you.

Pickpockets are particularly active during the summer, OPM experts add, especially in major cities and in eastern and southern Europe. They stalk tourists and strike when their victims are vulnerable.

"If anyone jostles, bumps or crowds you, a pickpocket may be in action," Kelley said.

Thieves may also stage distractions by dropping something or causing a loud commotion, and steal your belongings while you are distracted.

Pickpockets often offer to help their victims load bags on trains, taxis or buses to give themselves an opportunity to steal something out of them. They may cut backpacks open and take whatever drops out.

Thieves watch potential victims buy tickets, food or other items at train and metro stations to see where victims keep their wallets or money. Don't make yourself an easy target, say experts.

Kelley said women should never sling purses or pocketbooks over their shoulders because many items are plucked out of open purses. He recommended that women carry handbags or purses in front of their bodies, and that men place their wallets in a front pants pocket if possible.

Some thieves also target those who have had one too many drinks in bars and clubs late at night, or take unguarded valuables while their owners are swimming, asleep or away from their seats on a train. Kelley said it's best not to flash a lot of cash, and wise to not throw away receipts from credit card purchases or anything with an account number on it.

OPM officials said members of the U.S. Forces community can contact their local provost marshal offices for more security tips or download National Crime Prevention Council travel safety pamphlets at www.ncpc.org/resources/ files/pdf/traveling.

Speak Out

What are you reading this summer?



Isabella Zaborek Family member

"Dante Alighieri's 'Divine Comedy' in Italian."

2



Michaela Frazier Frohlich Family member

"'Be Careful What You **Pray For,** ' by Kimberla Janice Y. K. Lee." Lawson Roby; I am curious what it is about."



Brooke Cardinalli Family member

"'The Piano Teacher,' by



Frances Hargreaves Family member

"'Alice in Wonderland' by Lewis Carroll: It's way better than the movie."



Kennedy Folse 7th grade

"'Cultures of the World: Switzerland,' because I am interested in it."

July 22, 2010

THE Outlook

Don't go it alone

Attorneys offer advice, representation during physical, medical evaluation board process

MEB Outreach Counsel Office, Heidelberg

Service members new to the Medical Evaluation Board and Physical Evaluation Board process are most often confused and weighed down with questions concerning their legal rights.

MEB Outreach Counsel and Soldiers' Counsel are licensed attorneys available to provide information, advice and representation to Soldiers throughout the MEB-PEB process.

"The MEB Outreach Counsel is available to assist each individual Soldier from the moment he or she is referred into the MEB process," said R. Charles Collica II, MEB Outreach Counsel.

provided in developing a strategy to reach the Soldier's desired outcome.

As the Soldier progresses through the system, the MEB Outreach Counsel can provide more specific advice and representation.

The Soldiers' Counsel is available to represent the Soldier once the case progresses from the MEB to the PEB stage.

The MEB Outreach Counsel who serves all Soldiers in USAREUR is located in the Wiesbaden Legal Center. Soldiers Counsel offices are located at Landstuhl and Vilseck.

If you reside in USAREUR and are undergoing an

At the beginning, general advice and assistance is MEB-PEB, legal teams are available at the following locations:

> Heidelberg: DSN 371-2091, civ. 06221-17-2091 Wiesbaden: DSN 337-4738, civ. 0611-705-4738 Landstuhl: DSN 590-8907, civ. 06371-86-8286 Vilseck: DSN 476-3358, civ. 09662-83-3358

Soldiers don't have to navigate this complex process on their own. They can take advantage of free legal advice and representation available to them through

"Your rights and benefits could be adversely affected if you don't," said Collica.

GFEBS transition underway

The idea is to transition

the Army into a cost-

management culture.

GFEBS will allow users

to perform cost planning,

controlling, accounting

and analysis within one

By ADRIANE FOSS Outlook editor

USAG Vicenza's transition to a more integrated and standardized financial processing is well underway.

As the U.S. Army prepares to deploy the General Fund Enterprise Business System overseas in 2011, garrison personnel continue training that will ensure Vicenza and Livorno are prepared for the April standup of the new system.

"The goal is to transition the Army into a costmanagement culture, supporting efficiency and effectiveness" explained Stefania Villanova, a budget analyst and member of the GFEBS readiness team. "GFEBS will allow users to perform cost planning, cost controlling, cost accounting and cost analysis within one structure, under one roof."

A GFEBS deployment team from Kingstowne, Va., visited Vicenza and Livorno

including those on the readiness teams who are assigned to assist in the financial system conversion, on various aspects of the new system.

""The deployment team's visit was informative and Giglioli at 635-7697.

educational, and gave the laymen who will be impacted by this transition an idea as to what GFEBS can do," she said.

Villanova said while the GFEBS transition is a massive overhaul, complete with unique challenges and a steep learning curve, "the end-state is to have one system that will allow the Army to operate smarter in regards to funding and acquiring resources."

Villanova encourages garrison personnel who have been selected to be part of the GFEBS readiness

team to attend all training sessions and satisfy all requirements to ensure a smooth transition.

"The deployment team is working to ensure our local national power users have access to critical virtual training online as well as to GFEBS once we deploy," she said.

"Our power users are our train-the trainersemployees who will guide other users through the system—so we realize the

importance and are working hard to reconnect them," said Villanova.

For more information on GFEBS, visit www.gfebs. army.mil or call Villanova at 634-7852 or Stefano

Post gym offering one-stop workout

continued from Page 1

employee Miranda Vanscoy led them in a mix of cardio and strength-training activities for one hour, twice a week.

Vanscoy said participants really liked getting together and doing something for themselves without having to find child care.

"As a mom myself I know how important this time can be," she said. "It's too hot now to be outside, but we hope to offer another session in the fall."

These programs are an expansion of the Family and MWR "Toddlers in Tow" program begun during Vicenza's first deployment.

Initially spouses were encouraged to bring their toddlers in strollers to use the cardio room weekday mornings from 9-11 a.m., when patronage is minimal.

This increasingly popular program has since grown to include the child care playroom and, with it, parents' ability to use the fitness room during all operational

Parents are also encouraged to use the Functional Training Room Monday through Friday, 8:30-11 a.m. and 1:30-4 p.m. The room has stroller parking spaces. Children must remain in their strollers at all times.

"This provides parents an opportunity to take care of their personal fitness needs when the fitness center is not being used as much by Soldiers" said Scott Gordon. "It makes the most of operational hours in

structure, under one roof. Stefania Villanova **GFEBS Readiness Team**

in late June and early July to train installation personnel,

The Outlook

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The Outlook is an unofficial publication authorized and provided by AR 360-1.

All editorial content of The Outlook is prepared, edited and approved by the U.S. Army Garrison Vicenza Public Affairs Office in Bldg. 109 on Caserma Ederle in Vicenza, Italy. The office's DSN number is 634-6363. off post at 0444-71-6363 or e-mail: editor@ eur.army.mil.

July 22, 2010 Vol. 43, Issue 29

The Outlook is published weekly by the USAG Vicenza PAO. Unit 31401. Box 10. APO AE 09630. It is printed by Centro Servizi Editoriale S.r.I, Grisignano di Zocco (VI) 0444-414-303

Editorial publication is an authorized section for members of the U.S. Army overseas. Contents of The Outlook are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army, Installation Management Command-Europe, U.S. Army Garrison Vicenza or the U.S. Army Africa.

Submissions: Send all submissions for publication to editor@eur.armv.mil. Submissions should be made via e-mail and must be received by Monday at noon for that week's publication.

The editor reserves the right to edit all submissions for style, brevity and clarity Circulation is 3,000 per week.

American Forces Network At your service



Staff Sgt. (P) James Allen is the AFN Vicenza station commander. He oversees all aspects of AFN Vicenza's operations including dispersing command messages, coordinating coverage of events in and around the Vicenza U.S. military community, ensuring events and activities receive publicity and local radio shows.

Community members can tune in to 106.0 AFN Vicenza "The Eagle," listen to channel 142 or watch channel 14 on the television decoders or visit http:// vicenza.afneurope.net on the web for local news, stories and to request publicity and coverage.

"I look forward to building on the great service AFN Vicenza is known for," said Allen. He is located in Bldg. 10 and can be reached Monday through Friday, 9 a.m.-5 p.m. at 634-7972 or james.allen@afn.dma.mil.

Garrison News



Congrats Medina family:

Congratulations to the July Yard of the Month winners-the Medina family, 173rd ABCT's Chief Warrant Officer 2 Hector and wife, Lisa, of 112D Villaggio. The family will be presented with an Installation Management Command certificate, noting "a great deal of hard work and dedication has gone into maintaining your home and yard, while meeting the other demands of daily life. You have inspired other residents to take pride in the appearance and upkeep of the exterior of their quarters and yards.' The Medina family will also be awarded a \$50 AAFES gift certificate and a \$25 commissary gift certificate. Villaggio yards will continue to be judged throughout the summer and will be announced at each InfoX, held at 10 a.m. the last Wednesday of every month at the Arena.

Photo by Adriane Foss

Vicenza lays groundwork for IMCOM Campaign plan

By ANNETTE FOURNIER

USAG Vicenza Public Affairs

Garrison leaders met July 12-16 at Caserma Ederle to discuss implementation of the new Installation Management Command Campaign Plan at the local garrison level.

The plan is intended to help streamline processes to "enable strong Soldiers and resilient Families for a mission-ready Army", according to a statement from U.S. Army IMCOM.

At Vicenza, there was a particular focus on energy efficiency efforts, sustainability, work force development, space requirements and instituting short-, mid- and long-term goals.

Initiated in March, the campaign plan details six Lines of Effort.

The LOEs lay out a road map for garrisons-a measurable plan to be executed at each of IMCOM's 184 installations and based in the goals and priorities set forth by the Department of the Army.

The lines of effort are:

- Soldier, Family and Civilian Readiness, including services directly relating to Soldiers and civilians readiness.
- Soldier, Family and Civilian Wellbeing, focused on quality of life.
- Leader and Workforce Development, which promotes a healthy, well-balanced, multi-skilled workforce.
- Installation Readiness, to promote streamlined processes, strong

partnerships and good stewardship of

- Community safety.
- Energy efficiency and security, with a focus on technology, partnerships, accountability and future plans

"The USAG Vicenza accomplished a lot," said Bill Murphy, acting director of the Plans, Analysis and Integration Office, which is leading the implementation of the Action Plan. "We defined the path forward to create a sustainable installation."

Update info by phone, online, ID card office

continued from Page 1

and educational material will be mailed soon to beneficiaries to explain how the new overseas managed care contract will benefit them.

Several options are available to update or verify a mailing address in DEERS:

In-person: visit your nearest ID card-issuing office. Call the U.S. Army Health Clinic for Vicenza information. To update online, visit the DEERS

website at www.dmdc.osd.mil/appj/ address. Select "Non Registered Users" and log on with your CAC or DFAS/ MyPay log on information.

n Call the Defense Manpower Data Center toll-free from a DSN phone at 99-001-800-538-9552. Calls from local civilian phones are not toll-free.

Information about the TRICARE Overseas Program is available at www. tricare.mil/TOPcontract.

Though transition to the new managed care provider will be largely transparent to beneficiaries, some administrative and appointment processes for Host Nation health care may change.

Procedural changes to the existing system will be explained in the mailed literature and, as needed, by information provided by the Europe Regional Medical Command or your local Army health clinic.

AFN broadens lineup with True **Blood**, **Entourage**

continued from Page 1

The change also allows AFN to offer its audience even more top-rated programming.

"We recognize that our viewers come from all areas of the USA and have varying tastes in television programming," says AFN's Chief of Entertainment Program Planning, Karreem Lowe. "With AFN|spectrum LateNight we broaden the programming landscape and offer troops and their adult family members award-winning television, including HBO's True Blood and Entourage, which between them have been nominated or received more than 50 industry awards," said Lowe.

White agrees, "Series like True Blood, Entourage, and Big Love represent some of the most critically acclaimed programming on television today; we're confident that AFN|spectrum LateNight will be a huge hit with our sophisticated viewers."

AFN plans to air all available episodes of these shows in the order they originally aired on premium cable. In the coming weeks the network also plans to premiere more stateside cable shows on AFN|spectrum LateNight, including Showtime's Emmy nominated Nurse Jackie and unedited versions of Dexter.

DoD resumes altered Military Spouse Career program

DoD news release

The Department of Defense announced today the resumption of a restructured military spouse career advancement account program - MyCAA, following a comprehensive review.

The program will be available to spouses of service members in the pay grades of E1-E5, W1-W2 and O1-O2 beginning Oct. 25 at 8 a.m. EDT.

"The changes announced today reflect a return to the original intent of the program which is to help military spouses, with the greatest need, successfully enter, navigate and advance in portable careers," said Clifford Stanley, undersecretary of defense for personnel and readiness. "We fully support the program and are committed to ensuring the program's sustainability. To that end, we are making several critical operational changes."

Among these changes, eligible

spouses will receive a total of \$4,000 to career planning." in DoD-funded financial aid, with an annual cap of \$2,000 per fiscal year; guidelines, career counselors will funding must be used within a threeyear time period from the start date of the first class; and must be used to obtain an associates' degree, licensure or certification. A waiver may be granted when fees for licensure or certification require an up-front fee greater than \$2,000 and up to the total maximum assistance of \$4,000.

"The MyCAA program popularity grew beyond our expectations and became too expensive to continue. Therefore, we are returning to the original intent of the program in a way that is attainable and fiscally responsible for the Defense Department," said Stanley. "As we look to the future, we envision a program that is much broader than DoD's financial assistance component. Military spouses will be guided along a more holistic approach

Under the long-term program continue to work with all military spouses to help develop career and education goals and plans, and assist them in identifying and accessing available federal education benefits toward these goals.

"Families play a crucial role in supporting our men and women on the battlefield. When service members are confident that their families at home have access to resources and support, they are better able to focus on their mission," said Stanley. "The Defense Department is committed to investing in military families. When we invest in the well-being of the family, we invest in the well-being of the force."

For more information on the program. visit the MyCAA website at www. militaryonesource.com and click on MyCAA.

On Aug. 15 and 22, the town will return to its 14th century heritage as community members clad in medieval costumeknights and beautiful dames, noblemen, peasants, merchants, artists and musicianscelebrate along the cobblestones streets of Volterra.



Explore medieval Volterra

Story and photos by **CHIARA MATTIROLO**

USAG Livorno Public Affairs

olterra is a beautiful medieval town about oneand-a-half hour drive from Camp Darby.

Known to the ancient Etruscans as Velathri and to the Romans as Volaterrae, the ancient town is world renowned for its alabaster handicrafts.

Volterra has gained more recent acclaim as an important location in the bestselling Twilight Series by Stephenie Meyer. In the books, the town is home to the Volturi, a coven of powerful and ancient vampires.

Whether visiting to explore its ancient history or as a link to its popular fictionalized aura, it is a scenic hilltop town in the heart of Tuscany, and one not to be overlooked.

If you're planning a trip this summer, you can enjoy Volterra's annual origin celebration, a time when residents gather to recreate the festive atmosphere of the Middle Ages, more precisely the year 1398.

On Aug. 15 and 22, the town will be available at The Old Exchange

return to its 14th century heritage as community members clad in medieval costume—knights and beautiful dames, noblemen, peasants, merchants, artists and musicians—walk and celebrate along the cobblestones streets of Volterra.

The town center will bustle with the activity of markets reminiscent of a bygone time, as

handymen sell their wares—mestierilike leather goods, wood carvings, silk strings, cloth goods and alabaster crafts.

The grosso, the Middle Age currency in use at the time, will be the only currency in circulation Aug. 15 and 22

during Day of the 1398 Festival.

Crafts, food and wine may only be purchased with grosso, which will

> Office. Excess money may be converted back to euro at the Tourist Information Office.

The festival takes place from 10:30 a.m. to midnight and entrance is free.

Food booths offering everything from grilled meats to local pecorino cheese will be open throughout the day.

Attractions include a historical crossbow tournament, jugglers,

flag throwers and duels.

Community members are invited to take advantage of this unique opportunity to experience the enchanting atmosphere of the Middle Ages in one of the most beautiful cities in Tuscany.



Artisan re-enactors walk the cobblestone streets in authentic costume.



Entertainment will include duels, flag throwers and crossbow tournaments.



Community members are invited to attend the festivities Aug. 15 and 22.

Visit www.usag.livorno.army.mil

Anti-terrorism

During August, Anti-Terrorism Awareness Month, there will be briefings, videos, displays in the community and other activities throughout the month of August to educate community members about remaining vigilant.

"DA has mandated this in every military community throughout the world," said Michael McKnight, anti-terrorism officer. "It is important that service members, civilian employees and families get this training because heightened awareness and vigilance can prevent and protect the community from acts of terrorism."

Learn more about suspiciousactivity indicators, reporting procedures and how to protect you and your loved ones by visiting www.usag.livonro.army. mil and click on the iWATCH icon.

ITR Trips

- Spend the day in Florence at your leisure. Visit the Uffizi Museum, Accademia Gallery, shop the outdoor market, or just enjoy the scenery of this magnificent city at an outdoor café Saturday and July 31.
- Built on 117 small islands, Venice has over 150 canals and more than 400 bridges. Visit Venice Monday and Monday.
- Cinque Terre is a remote part of the Italian Riviera consisting of five villages connected by trails that hug the coastline. Visit with ITR Tuesday.
- At your own pace, visit Rome's most historic sites with ITR July 29.
 - Visit Elba July 30.

Camp Darby religious activities

For details, call the chapel at 633-7267 (050-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship 10 a.m.: Protestant Sunday school

11:15 a.m.: Catholic CCD

Christian Men's Bible study is every Thursday at 5 p.m. in Mertz Hall at the Darby Chapel.

Protestant Women of the Chapel Bible study meets Tuesday from noon to 1 p.m. and Wednesdays from 5:30-6:30 p.m.

Choir practice is at 9:30 a.m. on Sunday before Mass.

5



Photo by Jim McGee

(From left) Rick Scavetta, Randy Austin and Dan Shelor perform at USAG Vicenza's 2010 Festa Americana. The group will again perform classic rock and original music at Busnelli Giardino Magico, in Dueville Saturday. The show starts at 9 p.m. For more information, call 335-141-5658. "Drop Simpler is an American band built on the Simple passion for classic rock and roll, fun times and, most of all, making cool music," said Scavetta. "It's four guys who sweated out long jam sessions in the garage before deciding the sounds should be shared with family, friends and fans." Led by Shelor, a native of West Palm Beach, Fla., the band is rooted in rock with flairs of punk, twangs of country and the soul of the blues. Shelor met drummer Ringold while lost in the Kuwaiti desert. Ringold, a Maryland native with a passion for pounding out beats, saw Shelor's songwriting ability. The two envisioned original music and began their search for new players. Hailing from New Haven, Conn., Scavetta joined Drop Simpler in early 2009. Scavetta spent much of his life wandering the globe, singing and playing guitar in dozens of countries before landing in Vicenza. Rounding out the band's low end is Randy Austin, a bass maestro from Detroit, Mich. His wiry fingers have strummed across base lines for more than three decades. Drop Simpler now introduces Cory Prough, a fiery percussionist with a passion to rock. From the Beatles and Rolling Stones to Creen Day and Foo Fighters, the band's style varies each show – but always guarantees crowds will dance and sing along, said Scavetta.

Local festivals & shows

Watermelon Festival: Sunday at 8:30 p.m. in Lonigo, Parco Ippodromo. Highlights include food booths, live music and ballroom dancing.

Threshing Festival: July 31 and Aug. 1-2 in Mossano, about 13 miles south of Vicenza. Food booths featuring local agricultural products.

Polenta and Donkey Festival: Thursday-Sunday in Grumolo Pedemonte, Zugliano, about 15 miles north of Vicenza. Food booths will feature local products, live music

and dancing. PALLADIO

CARD: Cost 1s €10 for 10 days and €15 for the season through Oct. 31.

The tickets in allows access to six this booklet allow Palladian sites and reduced direct access to six entry at other sites. Palladian sites and

reduced prices at other locations. The PALLADIO CARD booklet

is sold for use by the holder only. When visitors purchase it, they are asked to write their first and last names in the spaces provided.

Below is the list of Palladian sites with direct access:

- Villa Badoer
- Palazzo Barbaran
- Villa Contarini

- Villa Emo
- Villa Poiana

Below are the sites you can access with reduced price:

- Villa Caldogno
- Villa Godi Malinverni
- Villa di Maser
- Villa Pisani Bonetti
- Palazzo Valmarana Braga
- Teatro Olimpico
- Palazzo Chiericati

For details in English and to purchase the Palladio Card online, visit http://www.palladiocard.it/ index en.html.

Community members can also visit the main works of Andrea Palladio by renting an MP3 at

the Vicenza Tourist Information Office, Piazza Matteotti 12. next to the Olympic Theater. The cost is €3 per day.

To use the MP3, visitors must leave a state driver's license at the desk and return the MP3 no later

than 6 p.m.

The PALLADIO CARD

Two routes are available as follows:

■ a blue route to visit Vicenza's historical center (Olympic Theater, Chiericati Palace, Casa Cogollo, Santa Corona Church, Garzadori Altar, Leoni Montanari Palace, Thiene Palace, Piazza dei Signori, Corso Palladio) and

■ a yellow route to visit the

Palladian villas and Bassano del Grappa (Villa Caldogno, Villa Godi Malinverni, Marostica, Alpini Bridge in Bassano del Grappa, La Rotonda, Villa Cordellina Lombardi).

Antique market: Sunday, Piazzola sul Brenta, Villa Contarini about 16 miles east of Vicenza. More than 700 vendors and food booths.

Free local events

Painting exhibit-Iceland **Colors:** ongoing through Sunday, Monday-Saturday 9:30 a.m. -1p.m. & 4-8 p.m.; Sunday 4-9 p.m., in Vicenza, Libreria Novearti, Piazza delle Biade, 11.

Argentine Tango Show: Thursday at 9:30 p.m. in Vicenza, Bar Borsa in Piazza dei Signori.

Live Jazz: Friday at 9 p.m., in Vicenza, Equobar, Strada Marosticana, 350.

Italian opera arias: Saturday at 8 p.m., in Verona, Castelvecchio, Corso Castelvecchio 2, about 38 miles west of Vicenza.

Sonora Cubana in concert: Sunday at 9 p.m. in Vicenza, Campo Marzo.

Festival Show: Monday, 9 p.m., in Vicenza, Campo Marzo.

Explore the sky: Astronomical Observatory of Arcugnano on Tuesday at 9 p.m., Via S. Giustina 127, about five miles south of Vicenza.

Concerts

Simply Red - Farewell -The Final Tour: Friday in Lucca, Piazza Napoleone; Sunday in Piazzola sul Brenta (Padova), the Anfiteatro Camerini; Tuesday in Rimini, Arena 105 Stadium; Nov. 20 in Milan, at the Mediolanum Forum.

U-2: Aug. 6 in Torino, Stadio Olimpico; Oct. 8 in Rome, Stadio Olimpico.

Placebo: Sept. 3 in Passariano di Codroipo (UD), Villa Manin.

Guns N' Roses: Sept. 4 in Rome, Palalottomatica; Sept. 5 in Milan, Mediolanum Forum.

Elton John & Ray Cooper: Sept. 17 & 18 in Milan, Arcimboldi Theatre; Sept. 19 & 20 in Rome, Auditorium Parco della Musica.

Sporting events

Thundercats USA vs Slovenia National Team: Saturday at 9 p.m. in Trieste, Ferrini Stadium.

American Bowl International Camp: Friday-Sunday in Trieste at the Ferrini Stadium, Piazzale delle Puglie. Former NFL players will coach amateur players. For detailed info in English, visit www.camp. americanbowl.org.

MotoGP Misano: Sept. 3-5 in Misano Adriatico, Rimini

Formula 1 Italian Grand Prix: Sept. 10-12 in Monza

Red Bull X-Fighters World International motocross freestyle tour: Oct. 1 in Rome, Stadio dei Marmi.

Wrestling Raw World Tour: Nov. 13 in Assago (Milan), Mediolanum Forum.

For info in English and tickets, visit http://www.ticketone.it/EN/.

ODR trips

Enjoy a ride along the Mincio River Saturday, canyoning Sunday, basic scuba beginning Monday, the **Asiago hike** July 31, a lake cruise in Lugano Switzerland, July 31 and coming up Aug. 7, paintball at Camp Darby.

Check out all of ODR's summer trips online at VicenzaMWR.com. To access RecTrac online and enroll for a trip, recreation activity or arts and crafts class, visit https:// webtrac.mwr.army.mil/webtrac/ Vicenzarectrac.html.

Now Showing

Ederle Theater

| | Eddilo illoutoi | |
|----------|--------------------------------|--------|
| Thursday | Robin Hood (PG-13) | 6 p.m. |
| Friday | Just Wright (PG) | 6 p.m. |
| | Macgruber (R) | 9 p.m. |
| Saturday | The Sorcerer's Apprentice (PG) | 3 p.m. |
| | Inception (PG-13) | 6 p.m. |
| Sunday | The Sorcerer's Apprentice (PG) | 3 p.m. |
| | Inception (PG-13) | 6 p.m. |
| Wed. | Macgruber (R) | 6 p.m. |
| July 29 | Just Wright (PG) | 6 p.m. |
| | | |

Camp Darby Theater

| Friday | Eclipse: The Twilight Saga (PG-13) | 6 p.m. | |
|----------|------------------------------------|--------|--|
| Saturday | The Last Airbender (PG-13) | 6 p.m. | |
| Sunday | Just Wright (PG) | 1 p.m. | |
| July 29 | Eclipse: The Twilight Saga (PG-13) | 6 p.m. | |
| | | | |

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and schedule online at http://www.aafes.com/ems/euro/vicenza.htm or http://www.aafes.com/ems/euro/livorno.htm.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Community briefs

Care of Self-Help items

All equipment loaned out from the U-Do-It Self Help store should be returned cleaned and in the condition in which it was issued.

Equipment and tools are due within 48 hours of the loan.

Children under age 16 are not authorized to sign out power tools or hazardous equipment.

Gas for lawn mowers and other equipment is not provided. Customers must provide their own fuel. Customers who live in private rental housing are authorized nonexpendable tools and equipment only.

For hours of operation and more information, call 634-8888.

Estate claims

Anyone having any claims on or obligations to the estate of Spc. Louis Fastuca of D Company, 1-503rd, 173rd ABCT, should contact the summary court officer, 2nd Lt. David Ulrey, at 634-7622.

MOMS club events

- Monday: Monthly Meeting and Picnic at 10:30 a.m.
- ■July 29: Art Activity at 10 a.m. For more information, e-mail momsclubofvicenza@yahoo.com

Anti-Terrorism Awareness training

Awareness training will be offered in English at the post theater, 3-4 p.m. Aug. 3, 24 and 31 and in Italian on Aug. 17.

Addictions Recovery Support group

Anyone who is in recovery or interested in learning about the 12 steps for overcoming addictive behavior is welcome to attend.

Meetings are at the ASAP Bldg. 169 from 5:30-6:30 p.m. Meetings are informal, non-professional but anonymity is discussed and expected by attendees. For more information, call 634-7554.

Improve your GT score

Take the free FAST class July 26-Aug. 5 from 8:30 a.m.-2 p.m. every day. E-mail Lourdes. fernandez@europe.ctcd.edu or call 634-8930 for more information.

High Seas Family Night

Don't miss High Seas Family night July 30 from 5:30-7 p.m. in the post chapel activity room.

Enjoy free food, family fun and surprises, including never-beforeseen clips from The Chronicles of Narnia: Voyage of the Dawn Treader.

Call or drop by the chapel to register your family.

What is TBAM?

TRICARE Online Booking Appointments for Minors is a new feature on Tricare Online.

With TBAM, patients can schedule, view and cancel primary care and select self-referral specialty appointments for authorized family members, including adults who have granted access and minor children under age 18.

TBAM requires that you log into Tricare Online using your Defense Manpower Data Center, DoD Self-Service Logon, or Common

Access Card.

Once logged in, you will see a list of family members that you can schedule, view, and cancel appointments for.

If all of your family members do not display in the list, Help links and information are available on your Home page to assist in updating your family member list.

Additional family access and obtaining logon accounts is available at https://www.dmdc.osd. mil/appj/dsaccess/index.jsp

Select the blue hyperlink below to view the TBAM brochure: http:// www.tricareonline.com/tol/etc/ appointing/TBAM_trifold.pdf.

July Monday Madness

Beat the clock by bowling as many games as possible for \$10 per hour Mondays from 6 p.m. until closing. Shoe rental not included.

Library book club

Join the book club Aug. 5 at 7 p.m. to discuss As I Lay Dying by William Faulkner. Refreshments will be served, so bring a snack and a friend. Call 634-7291.

Arts & Crafts happenings

The arts and crafts center is more than just a frame shop. They offer paint-your-own-pottery with food safe glazes. Choose from plates, mugs, photo frames or plant pots and more. No registration required.

The center's sales store offers fabric by the yard, woodworking kits, pottery and sewing supplies and handmade items by local artisans. Stop by and start creating.

Lifeguard competition

Sports, Fitness and Aquatics invites the community to watch their lifeguards demonstrate life-saving skills in the Annual Lifeguard Competition Wednesday at 2 p.m. at the post pool.

Summer camps

Join the fun with the School Age Center summer camps. Hourly

care is available and off-post field headsets, and VTT capability. trips take place every Tuesday and Thursday. Next week's trip, July 26-30 is to Movieland. For information, call 634-8253.

Coaches clinic slated July 30

The next summer/fall coaches clinic will be held July 30 from 1-3 p.m. at the Villaggio CYSS Bldg. 304. Sign up by July 29 by calling 634-6151.

Anger management

An Anger Management (parent & child) class will be held Wednesday from 3:30-4:30 p.m. Parents and children learn ways to reduce stress and anger together through games and fun physical activities with purpose.

What FMWR services do you want?

Family and MWR in Vicenza is running an online survey to give the community a chance to tell FMWR what they want to see in the Arena Soldier and Family Entertainment Center and what services they would like to see provided (children's play areas and shows, more live bands).

Take the survey at vicenzamwr. com or http://www.surveymonkey. com/s/ArenaSurvey.

Villagio gate traffic temporarily re-routed

On Thursday from 10 a.m.-2 p.m., the Villaggio main gate will be used for inbound traffic only. Outbound traffic must exit through Villaggio's back gate, by the Self Help store, during this time.

Need a quiet place to study? Call the DTF

Looking for a place to conduct training? The JMTC digital training facility, Bldg. 128 at Caserma Ederle, is available.

It has two air-conditioned classrooms with 17 multi-media computer workstations with Internet access and noise canceling

Classrooms are also ideal as a quiet place to work online on self-development courses. Call 634-7989 for info.

Central Texas College looking for instructors

CTC has a special need for automotive technology instructors.

Applications are welcome from all qualified vo-tech instructors.

For more information, visit a CTC field representative at Caserma Ederle's Education Center, Bldg. 958, call 634-6514 or e-mail vicenza@europe.ctcd.edu.

Military science, medical programs offered at CTC

Some of the fastest growing professions in the world are in the medical field.

Stop by and see a Central Texas College field representative for more information on the Emergency Medical Technology Program.

Also, if you have what it takes to be a successful leader, Central Texas College is offering military science programs that focus on the development of the skills necessary to formulate plans, train, and lead Soldiers.

For more information, visit a CTC field representative at Caserma Ederle's Education Center, Bldg. 958, call 634-6514 or e-mail vicenza@europe.ctcd.edu.

Community **Calendar Highlights**

July 28: InfoX at the Arena Aug. 13-16: USAREUR Training Holiday Aug. 26: Women's Equality

Sept. 2: First Day of School

Sept. 10: First Day for Kindergarten

Sept. 3-6: USAREUR **Training Holiday**

Religious activities

Chaplain Crisis Line To speak with a chaplain after hours, call 634-KARE (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years.)

Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: High School

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel **5:30 p.m.:** Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511.

Jewish: Sandy Schoenberg at 634-6202 or sandy. schoenberg@eur. army.mil. Latter Day Saints: Scripture study held Mondays, noon-1 p.m. at chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-821-9492. Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities information.

7



Photo by Laura Kreider

Staying cool in the summer sun:

The Ederle Inn pool is open Monday, Wednesday, Thursday and Friday from 11 a.m.-7 p.m. and Saturday and Sunday from 10 a.m.-6 p.m. It is closed on Tuesdays for maintenance. The Villaggio pool is open Monday, Tuesday, Thursday and Friday from noon-7 p.m. and Saturday and Sunday from 10 a.m.-6 p.m. It is closed on Wednesdays. The post pool is open Tuesday to Friday from 10:30 a.m. - 7 p.m. and Saturdays from 8:30 a.m. - 4:30 p.m. It is closed on Sunday and Monday and open on training holidays from 10:30 a.m. - 6:30 p.m. and federal holidays from 11:30 a.m. - 4:30 p.m.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.

Vicenza Lions beat out PV, 3-1

By TOM HLAVACEK

Special to the Outlook

Fernando Cucco, Segun Awe and Luis Estepa of the Vicenza Lions' soccer team each scored as they won 3-1 under the bright lights on Caserma Ederle's turf field July 15.

They defeated Pollice Verde, an Italian team they had lost against 4-0 in May.

Pollice Verde tied the game 1-1 tie when Italian Mattia Redi scored in the 30th minute.

Cucco scored from 109 meters, hitting the inside of the left upright, 11 minutes into the game for the first score.

In accordance with

Department of Defense

Department of Defense

civilians, U.S. contract

employees and family

members must wear an

approved bicycle helmet when riding on U.S.

military installations or

U.S. military-occupied

Service members must

wear helmets off post as well. An approved

designed for bicycling

the American National Standards Institute,

Foundation Standards

helmet and hard hat are

not approved for use as bicycle helmets.

bicycle helmet is

one that has been

and is approved by

the Snell Memorial

for Bicycle Helmets

or the host-nation

Outlook file photo

authorities. The military Kevlar

host nation installations.

Instruction (DoDI) 6055.4, active duty military, (46th minute) and Estepa (57th minute) cushioned the win for the Lions.

Awe scored from 5 meters out when he beat out the goalie going for the ball, kicking it low past his left side.

Estepa scored off a long lead pass from Wilmer Aguilar. Estepa raced down the left side of the field scoring from 12 meters.

"I was pleased with the performance of Aguilar and striker Charity Smith," said coach Carl Kerr after the game.

Smith spent her game concentration in the Italian defensive field waiting to capitalize on her opponents' mistakes.

In the second half, goals by Awe Last weekend, she helped the Vicenza women's team place 2nd in the U.S. Army Europe 10-Miler. Aguilar, a devoted player, said he hopes to be selected for the All-Army Trial Camp.

> "A rematch is scheduled for the turf field Sunday starting at 2 p.m.," said Vicenza sports programmer Ricky Jackson. "These international matches provide good training for our team to compete in the upcoming U.S. Forces Europe championship hosted at Aviano Air Base Oct. 22-24."

> Army, Air Force and Navy installation teams are invited to compete in the championship.



Bike helmets reduce head injury risk by 85 perecent

bicycle helmets.

USAG Vicenza Safety Office

About 900 people, including more than 200 children, are killed annually in bicycle-related incidents, and about 60 percent of these deaths involve a head injury.

In addition, more than 500,000 people are treated annually in U.S. hospital emergency rooms for bicycle-related

Research indicates that a helmet can reduce the risk of head injury by up to 85 percent.

In accordance with Department of Defense Instruction (DoDI) 6055.4, active duty military, Department of Defense civilians, U.S. contract employees and family members must wear an approved bicycle helmet when riding on U.S. military installations.

An approved bicycle helmet is one that has been designed for bicycling and is approved by the American National

Standards Institute, the Snell Memorial Foundation Standards for Bicycle Helmets or the host-nation authorities.

hat are not approved for use as AST ACT

Bicycle riders must wear helmets that fit properly and must have the chin straps fastened. Instructions are provided with helmets on how to determine a

correct fit. Children and infants riding on the same bicycle with an adult must also wear a helmet and use chin straps.

Policy Letter 08-43 mandates the following when riding your bicycle on Caserma Ederle:

■ High visibility/reflective clothing (PT belt, vest) will be worn at night, during periods of limited visibility. The during daylight to assist in recognitions from other vehicle traffic.

■ The riding of bicycles on any The military Kevlar helmet and hard sidewalk is prohibited. This provision

does not apply to small children learning to ride bicycles with the use of training wheels.

- Bicycles must be equipped with working head and tail lights (during darkness or limited visibility), reflective markings and a bell.
- Loose fitting clothes bike injuries that may be caught in moving bicycle parts should not be

worn. Slip-on shoes such as slippers or shower shoes will not be worn when riding bicycles.

■ The wearing of headphones, earphones, or other listening devices while bicycling on or adjacent to roadways on DoD installations is prohibited.

Lifeguard competition

Sports, Fitness and Aquatics invite the community to come out and watch our lifeguards demonstrate life saving skills in the annual Lifeguard Competition Wednesday at 2 p.m. at the post

Calibrate with the **Army Wellness Center**

Metabolic Testing: Through this simple 10-minute test you will learn how many calories you should eat daily to assist you in reaching your goals. The Army Wellness Center will give you a meal plan specific to your resting metabolic rate and a dietary exchange list during the weekly "Upping Your Metabolism" class.

Fitness Testing: During this one-hour appointment, we will assess your baseline fitness levels for body composition, strength, cardiovascular fitness, and flexibility. Health educators will help you set realistic goals and motivate you along the way.

Stress Management: Enjoy a 30-minute appointment in our state-of-the-art massage chair while our Biofeedback software analyzes your heart rhythms. Learn techniques to help you relax and manage stress in a comfortable environment.

Call 634-8186 or CIV 0444-71-8186 to make an appointment.

Up for a challenge?

Ready for a little competition? Students can register for teams to participate in THE RACE 2010, a five-week physical competition for students in grades 6-12.

The event is hosted by Club Beyond, the installation's youth ministry. Club Beyond keeps score and participants get bragging rights all year long.

Pick up registration packets at the post chapel. Cost is \$10. Participants get a team shirt.

For information, contact Laura Livingston at 340-139-4073. Watch the video of previous RACEs at facebook.com/video/video. php?v=135642563758&ret=mt.

USARAF seeking **Army 10-Miler runners**

U.S. Army Africa is seeking competitive active duty runners to compete in the Army 10-Miler in Washington, D.C. during the AUSA convention in October. Contact Sgt. Maj. Osvaldo Del Hoyo at 634-7093 or Osvaldo. delhoyo@eur.army.mil.

Flag football

Flag football registration has begun. The season runs Aug. 25 through Oct. 18.

Call 634-7009 for more information or to register.

same type of clothing is recommended **SOLDIERS & CIVILIANS COMMUNITY UNIT/REC OPEN PLAY SPORTS**

Basketball Open Play

11:45 a.m.-1:30 p.m. Mondays, Wednesdays & Fridays at the fitness center, approximately 10 or more participants

Volleyball Open Play

6:30 p.m. Tuesdays at the fitness center, approximately 7 or more participants

Men's Soccer Team Open Play

7-8:30 p.m. Tuesdays & Thursdays at the fitness center, approximately 16 or more participants

Women's Soccer Team Open Play 5:30-7 p.m. Mondays, 5:30-7 p.m.

Thursdays, at the Multi-Purpose field approximately 10 or more participants

Men's Softball Open Play

7:30-8:30 p.m., Tuesdays & Thursdays at the Villaggio softball field, approximately 10 or more participants

Community 10-Miler Team Training Meet Monday - Friday, 6 a.m. USARAF is still seeking runners.

8 THE Outlook July 22, 2010

More than

500,000

people are

treated

yearly in U.S.

emergency

rooms for